2016 Rogue24 - Course Information Sheet

<u>IMPORTANT</u> – Competitors are advised to read this information carefully. It contains a description of the logistics of each leg of the race. There are a total of 56 check points available on the course. **Stages must be completed in the order described below.** Teams may only collect checkpoints from the stage they are on at that time; they cannot go back to collect checkpoints from previous legs, or punch checkpoints from future legs. Within each leg, teams may collect as many checkpoints in any order they wish. **The exception, however, are all of the bike leg checkpoints, which can be collected at any time on either Stages 1 or 3.** Each checkpoint is assigned its own score value.

Stage 1. BIKE. "What goes up....." Use Maps 1 and 2.

Use Maps 1 and 2. Start at HQ. Finish at TA22. Gear box available at TA22. Toilet and water at TA22. 22 CPs available (CP 1 - 22). 1130 Points.

Approx distance: 24 - 102km. (Stage 1 and 3 combined).

The Rogue24 kicks off with a large mountain bike rogaine that can be split into two parts, with teams having the option to collect any of the bike CPs on either stages 1 or 3. The trail network is predominantly graded dirt fire trails and spans D'Aguillar National Park from Enoggera Reservoir through to Mt Glorious. There is significant elevation gain and loss on this leg, so teams are advised to select their route wisely and pace themselves. The contour interval is 25m and each one of those contours is a lot of work to ascend up – this is the physically hardest leg of the race. The "easiest" route to TA22 is via Light Line Rd and Mt Nebo Rd

- Note that there are no road closures for the course. Obey all road rules, demonstrate caution and give way to traffic, particularly on the major sealed roads where cars may be travelling at speed.
- Teams may opt to collect all, some or none of the bike CPs on this leg. Any bike CPs they don't go to on this leg may be collected on the Stage 3 bike leg. CPs can only be collected once.
 Front and rear lights must be used when riding at night.

Stage 2. TREK. "Northbrook Gorge." Use Map 3.

Start and Finish at TA22.
Gear box available at TA22.
Toilet and water at TA22.
12 CPs available (CP 23 – 34).
720 Points.

Approx distance: 0 - 28km.

Stage 2 involves a trek loop from the Miala Day Use area taking in Northbook Mountain and Northbrook Gorge. The terrain is steep, but there are spectacular views and amazing creek lines.

- The Northbrook creek line running between CPs 24-25-26 is open and navigable and a true course highlight. It includes two gorge sections, one of which, depending on water levels, requires a short swim to pass through. There is also a small set of falls that can be difficult to pass up depending on water levels if hiking upstream in the direction of CP 25 to 24. The only safe and reasonable entry points into Northbrook Creek are from the bridge at CP 26 or from the indistinct footpad running between CP 23 and 24 this footpad can be difficult to locate at either end, however is important to find given the steep terrain and thick vegetation in the area.
- Off track travel in the vicinity of CPs 27 and 31 while not fast, is reasonable. Demonstrate caution of the cliffs in the vicinity west of CP27 which has thick vegetation above them.
- Demonstrate caution if travelling along major public roads in the area.

Stage 3. BIKE. "....must come down." Use Maps 1 and 2.

Start at TA22. Finish at HQ. 22 CPs available (CP 1 - 22).

Teams may collect any bike CPs from Stage 1 that they haven't already collected on a return journey back to race HQ. The course description, approximate distances, CP numbers and scores are as per stage 1. Note that CPs can only be collected once.

- Rules and safety as per stage 1.

Stage 4. TREK. "Farmland trek."

Use Map 4.

Start at HQ. Finish at CP38. 4 CPs available (CP 35 – 38). 110 Points.

Approx distance: 2 - 3.5km.

The second trek leg of the race is a short connecting stage taking teams from the Lake Manchester HQ down to the edge of the Brisbane River via a farmland property. Cross country travel is generally open and fast.

 Teams collect a kayak, paddle and PFDs at TA38 at the end of this stage. There is no water, facilities or gear boxes at this TA, so take enough water for Stages 4 and 5 and enough food for Stages 4, 5 and 6 when you leave Race HQ.

Stage 5. KAYAK. "Down river"

Use Map 4.

Start at TA38. Finish at TA41. 3 CPs available (CP 39 – 41). Approx distance: 12 – 14km. 290 points.

Opening Time: 6:00pm Sat. Closing Time: 5:00am Sun.

Teams hit the water for the first time with a down stream paddle on the Brisbane River. The river is characterised by long pools with short flowing sections (depending on water levels). There is not much in the way of navigation, however there is the option to collect more points with a bit of extra paddling at the start of this leg.

- Teams must kayak to within 50m of all kayak controls in both paddle legs of the race: you are not permitted to leave your boats and hike overland to kayak controls.
- This leg finishes at TA41 near the Kholo Rd Bridge. There will be water available at this TA, but no gear boxes, so plan accordingly.
- PFDs must be worn at all times on the water.
- Boats must be carried, not dragged, and you must assist in loading your kayak onto the kayak trailer before you transition to the next leg.
- This stage has an opening time of 18:00 on Saturday. There is a closing time of 05:00 on Sunday.

Stage 6. TREK. "Mt Crosby trek."

Start at TA41. Finish at HQ. 10 CPs available (CP 42 – 51). 520 Points. Use Map 4. Approx distance: 12 - 25km. The final trek leg of the race is a point to point rogaine in the Kholo and Mt Crosby region. The terrain is less severe than the opening legs, with off track travel more open, however the navigation on this leg is more intricate and sure to test tired minds.

- There is no gear box available at TA41 at the start of this leg, so plan accordingly.
- Teams must check in at HQ at the end of this leg.
- There is no private property access on this leg, so please observe all OOB areas.

Stage 7. KAYAK. "Lake Manchester."

Use Map 4.

Start and Finish at HQ.

5 CPs available (52-56).

260 Points.

Max distances: 2.5km trek +

10km paddle.

Opening Time: 7:00am Sun.

Teams finish up the race with a paddle rogaine on Lake Manchester. This is the first time the lake has been opened up to a competitive event, and will be a welcome respite off the legs for competitors with the fortifued to see the race this far.

- Teams must check in at race HQ at the start and end of this leg.
- Teams must kayak to within 50m of all kayak controls in both paddle legs of the race: you are not permitted to leave your boats and hike overland to kayak controls.
- Kayaks must be launched from, and returned to, CP52. Boats must be carried, not dragged and you must assist in loading your kayak onto the kayak trailer before you leave.
- PFDs must be worn at all times on the water.
- This stage has an opening time of 07:00 at CP52 on Sunday. Teams that arrive before this time
 will not be awarded a time credit unless they have swept the course until this point.
- There is an excessive amount of water weed which will need to be negotiated on the approach to many of the CPs on this leg.
- Teams arriving back at race HQ after 11:00am will be given a penalty of 10 points per minute (or part thereof) late, with teams more than 30 minutes late classed unranked.

Emergency Procedures

In the event of a true emergency call 000 first. Stabilise the patient, apply basic first aid and notify another team of the situation. Mobile phone reception on the course is reasonable, particularly on the high points. The **event organisers number is 0405 728 128**. Alternatively you can try the **TA22 volunteers on 0402 622 310** who are also able to offer first aid assistance. In the event that a team wishes to withdraw early from the race, make your way back to HQ, notify an official and hand in your timing tags. There is an expectation that teams will be self reliant on the course outside of transition areas.

Navlight

Navlight timing tags will be distributed when you resubmit your indemnity forms. There is one per person. Please ensure they are attached firmly and correctly so that they don't get lost during the event as they are quite expensive to replace. You will need to check in with the briefing punch just prior to the race start. Tags will be collected by an official when you return to the finish site and your score downloaded.