The Rogue Adventuregaine



26th - 27th of April, 2014 www.rogueadventure.com

www.rogueauventure.com

rogueadventureracing@gmail.com

The Rogue24 Adventuregaine

Concept

The Rogue24 Adventuregaine is a race where teams of two compete to collect as many checkpoints as possible over a 24 hour time period. The Rogue involves multiple stages of the traditional adventure racing disciplines of trekking, mountain biking and kayaking where teams must navigate through the course using a map and compass on a route of their own choice. Each stage is effectively its own small rogaine where competitors may attempt to collect as many or as few checkpoints as they wish, making this event achievable by all levels of athlete. Strategy, precise navigation and perseverance will play just as a significant role as raw fitness.

Race Details

- Date: 26th 27th of April, 2014.
- Race HQ is the Lake Perseverance Active Recreation Centre.
- 24 hour course only.
- Teams of 2 competitors. Racers must complete the course together (no relays).
- Maximum of 60 teams (race has sold out).
- Mixed, female and male team categories.
- Trekking, Kayaking, Mountain Biking, Stand Up Paddle Boarding, Orienteering and Archery.
- Rogaine format multiple legs of each discipline with all checkpoints optional.

Timings

Friday April 25, 2014

16:00 - HQ opens for arrival of competitors.

18:00 - Dinner.

19:00 - Adventure Racing Movie Night.

20:30 - Supper

Saturday April 26, 2014

06:00 - Breakfast (for those staying Friday night only).

07:30 - Bike drop opens (15 minutes drive from Race HQ).

08:30 - Course handout at Race HQ.

09:00 - Morning tea.

10:00 - Submit indemnity forms and gear boxes. Receive Navlight tags and GPS trackers.

10:45 - Final briefing. Punch brief punch and come ready to race.

11:00 - Race start

Sunday April 27, 2014

11:00 - Event finish and lunch.

11:30 - Final presentations.

15:00 - Race HQ closes. Competitors free to remain at HQ until this time and sleep.

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Race Head Quarters

Race HQ for the Rogue24 will be at the **Lake Perseverance Active Recreation Centre**. The address is 820 Perseverance Dam Road, Crows Nest. For those using a GPS, co-ordinates are -27.288512, 152.127439. A google maps link can be found here.



The Rogue24 has exclusive use of the amenities at the Active Recreation Centre for competitors including accommodation, power, hot showers, catering and outdoor facilities. Accommodation on the Saturday night is included in the entry price. This is shared, cabin style bunk accommodation with six to a room. Teams will be assigned a room. This can serve as a base of operations for teams as they may be travelling through HQ multiple times during the race.

Parking at the centre is limited, so please consider car pooling where possible. Please note the updated parking instructions below.

Note that there is a bike drop which competitors must perform before receiving the course handouts on the Saturday morning of the race. Full details are below.

Driving Instructions

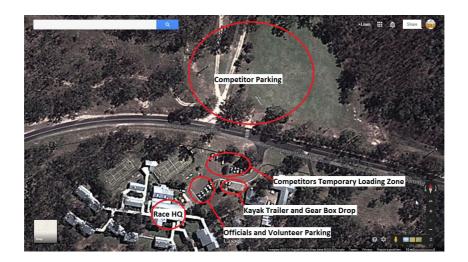
- Competitors travelling from anywhere on the east coast should make their way to Esk.
- In Esk, turn west onto Esk Hampton Rd and follow the signs to Perseverance Dam.
- After 29.2km turn north (right) onto Phillip Rd.
- After 200m, turn west (left) into Ravensbourne Dip Rd.
- After 500m, turn north (right) into Mt Jockey Rd.
- Follow Mt Jockey Rd for 9.7km (becomes Perseverance Dam Rd after 6km) to race HQ at the Active Recreation Centre. If you cross the Dam overflow wall, you've travelled too far.

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Competitor Parking

There is limited parking at the Recreation Centre, which is restricted for event officials and volunteers. There will be a designated temporary parking space for competitors to drop off their equipment, but racers are asked to please park their cars on the dirt easement opposite HQ. Note that Perseverance Dam Rd may have traffic travelling at high speeds, so please take care when crossing. Competitors are also advised to lock their cars when not in attendance.



Bike Drop

The bike drop is located at the boat ramp at Cressbrook Dam, approximately 15 minutes drive from Race HQ. The bike drop will open at 7:30am on the Saturday morning. There will be a race official on site from this point onwards. Competitors are required to leave:

- Bike, helmet and bike shoes.
- Paddles, PFDs and kayak seats.

Note that competitors need to bring their **mandatory gear boxes** and **portage trolleys** (if they have one) with them to Race HQ. Gear boxes will be moved to the bike drop location at some point during the race for competitors to resupply food, batteries, change of clothes, etc.





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Friday Night Schedule

Competitors and guests who have booked accommodation for the Friday night before the race are welcome to arrive at Race HQ any time from 4pm onwards. We have a pretty relaxing evening planned that should give you plenty of time to settle in and get your gear ready. Dinner will be at 6pm with an optional AR movie night from some time after 7pm. Films include coverage of the 2012 Patagonia Expedition Race, 2010 Abu Dhabi Adventure Challenge and 2012 Raid In



France World Champs (or one of many other selections by popular vote). Competitors looking for a last minute booking should contact race organiser Liam St Pierre via the email address listed above.

Please refer to the attached cabin allocations for your cabin number. Cabins are split in half with three bunk beds per half, along with an ensuite. You will need to provide all of your own linen, blankets and pillows. Racers are responsible for clearing and cleaning of cabins post-race. A couple of fridges are available for cold food storage (although dinner, supper, breakfast and morning tea are provided), and you are welcome to BYO alcohol for the Friday night. BYO alcohol for the Saturday night too for that matter.

Disciplines

Competitors of the Rogue24 should be prepared to undertake the following disciplines (note though that all CPs are essentially optional):

- Trekking
- Mountain Biking
- Kayaking (all equipment provided)
- Stand Up Paddle Boarding (all equipment provided)
- Archery (all equipment provided)
- Orienteering

Live Tracking and Blogging

After the overwhelming success of the 2013 event and positive feedback on the online reporting of the race, the 2014 Rogue24 will again incorporate the use of live GPS tracking of teams, updated leader boards, instant photos, course flyovers, links to race maps and blogging of news from the course.



Be sure to share the following link with friends and family following from home:

http://www.rogueadventure.com/2014/04/rogue24-live-site-2014/

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Equipment

The following list of compulsory equipment is to be carried by the team at all times:

- *Headlamp* one per person.
- Whistle one per person.
- First aid kit one per team. Adequate for dealing with common injuries in the bush (cuts, sprains, breaks, bites, stings, blisters, burns, hypothermia, etc).
- *Mobile phone* one per team. Number to be provided to officials along with indemnity forms. Water proofed. For use in an emergency.
- Water Means of carrying a minimum of 2L per person.
- Mountain bike (capable of riding on rugged dirt trails), Australian Standard approved helmet, front white light (headlamp is sufficient) and red rear light – one each per person. Only required on Mountain Bike legs.
- Glowsticks Two per person, including a means of attaching and removing them from PFDs.
- Gear Box One per team. No larger than 50L.

The above list is the bare minimum requirement of compulsory gear. Everyone participating is an adult and is responsible for their own safety, and the safety of those around them. Hence, it is strongly recommended that you carry additional gear, in particular:

- Additional warm clothing of a wicking, thermal nature (top, bottom, beanie, jacket, etc).
- Compass.
- Pocket knife.
- Gaiters.
- Dry bag.
- Additional first aid items.
- Toilet paper and trowel.
- Water purification tablets.
- Bike pump, tubes, tyre levers, spare parts and mapboard.
- Sunscreen and mosquito repellent
- Portage Trolley

A number of items are forbidden, both during map preparation and race time, and teams found using these items to assist themselves will be disqualified:

- Any form of GPS that displays location or distance travelled.
- Altimeters.
- Any other maps than those provided.
- BICYCLE COMPUTERS



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Teams

#	Cat Mens	Team Name	Competitor 1	Competitor 2
1	MO	Australia's Next Top Models	Rob Shaw	Pete Shaw
2	MO	BroCann	Andrew Cann	Lukas Cann
3	MO	Deep Fried Trail Mix	Matthew Kerr	Allan Mains
4	MO	He Aint Heavy	Glenn Seaby	Jason Seaby
5	MO	Heavily Loaded Bags	Geoff Davis	Rawson Armitage
6	MO	Hunters	Nic Droste	Billy Tindall
7	MO	Jones and Jones	Stephen Wallis	Michael Cann
8	MO	Living on a Spur	Thomas McPhail	Jon Gooding
9	MO	Mass Nutrition Noosa	Glenn Kirby	Alex Austin
10	MO	No Ones	Adam Power	Merrick Ekins
11	MO	Outdoor Academy with Area51	Wayne Benton	Michael McMahon
12	MO	Outlandish	Alan Ferris	Jeremy Tibbits
13	MO	Team FOMO	Jamie Whitworth	David Carruthers
14	MO	TerraTrac	Lyle Jacobson	Gary Beutel
15	MO	The Hopeless Jokes	Nathan Godfrey	John Ruhle
16 17	MO	The Coats B Toom	Greg Lewis	Paul Lutz
18	MO MO	The Goats B Team	Paul Maxwell Lucas Mansbridge	David Strong
19	MO	The Lost Boys2 Tiger Adventure Black	Shaun Jackson	Andrew Manbridge
20	MO	Tiger Adventure Yellow Mens	Paul Melloy	Craig Keeling Shane Crook
21	MON	Excess Baggage	Jason Cameron	Barry McCauliffe
22	MON	Newlands	Gavin Hodges	Brendan Ellis
23	MV	Bike On	Justin Wyatt	Howard McCann
24	MV	Borum Boys	Michael Clauson	Gary Palmer
25	MV	Clubk	John Kenafake	Bernard Sauvage
26	MV	Grilled Dropbears on Toast	Brad Teys	Adam Daniec
27	MV	Isodopes	Andrew Earle	Andrew Paszkowski
28	MV	JR Racing	Ross McKinnon	Jock Mitchell
29	MV	RUSH	Russell Stringer	Shaun Lauder
30	MV	Running on Empty	Clive Bishop	Brad Harrison
31	MV	Salmon-Yak Attack	Peter Hickey	Sean Lever
32	MV	The Lost Boys1	Vik Stork	Anthony Mayer
33	MV	Tiger Adventure Vintage	Trevor Mullens	Brett Stevens
34	MV	Tyred and Cranky	Peter Dean	Bob Houghton
	Womens			
35	WO	Tri Adventure Girls	Kelsey Harvey	Nicola Jelinek
36	WV	Giddy Up Girls	Mandy Caldwell	Jen Ferguson
37	WV	Tri Adventure Vintage	Jan Leverton	Gina Dunsdon
20	Mixed	Advantura Angela	Cob Mitano	Michael Beudeu
38 39	XO XO	Adventure Angels At First They Stood Quietly	Seb Mitaros Mark Devery	Michael Rowley Joanne Eadie
40	хо	AV Club	Vetti Fawcett	Alex Morgan
41	хо	Calories	Leo Theoharis	Bec Wilson
42	хо	Cameltoes	Polly Weston	Bryce Crage
43	хо	Death or Glory	Franky Theoharis	Michael O'Brien
44	хо	Husband & Wife	Chris Delaney	Michelle Delaney
45	хо	MOJO AR Escapees	Suwati Lowth	Guy O'Neill
46	XO	Monkeys On The Loose	Yvonne Conyers	Nathan Walker
47	XO	Soldier On	Timothy Foley	Olga Poberezovska
48	XO	Teamexplore	Paul Elby	Angela Harris
49	XO	Tiger Adventure Yellow <u>Mixed</u>	Andrea Peebles	David Talbot
50	XV	Bicycles Without Bruce	Richard Robinson	Tamsin Barnes
51	XV	Dated Loaf and Pikelet	Rob Garden	Marquita Gelderman
52	XV	For Better or Worse	Michele Krome	Greg Krome
53	XV	MOJO AR Marauders	Jaime McGuire	Joanne Thomae
54	XV	Puff n Puffin	Kerrie Gagel	Alex Gagel
55	XV	Team Lantana	Michael Schafer	Janelle Schafer
56	XV	Team of Seaside	Ken Blacklock	Ramon Pollach
57	XV	The Visitors	Nick Collins	Cath Hepplethwaite
58	XV	Tri Adventure Petite	Kim Beckinsale	Matthew Fulton
59	XSV	Megvan	Sue Clarke	Walter Kellerman
60	XV	Fleabags	Maree Price	Douglas McDonald

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Format

Teams will be required to attempt multiple legs of alternating race disciplines. Each leg must be attempted in order, and once a leg is completed teams may not return to it to collect missed checkpoints later. However, within each leg, teams may collect as many checkpoints in any order that they wish. All check points are optional. Note that teams may only collect checkpoints that are from the current leg that they are on. Note also that some stages of the race may have "opening" or "closing" times. This format of event allows for a very social atmosphere of racing with teams constantly brought together. Each stage of the Rogue24 Adventuregaine is separated by a transition area where an event official will be present. Any team that makes it back to Race HQ under their own power will be considered ranked with an official result.

Gear Boxes

Teams will need to provide a single plastic gear box, no more than 50L in size, labelled with their team name. These will be transported around the course to various transition areas where they can be accessed by teams to resupply items such as food, a change of clothes, maps, batteries, etc. Note that teams will not be required to carry their trekking shoes while biking, although they are advised to bring a second pair of shoes with them to the race if available. **Teams must bring their gear boxes with them to Race HQ at the start of the race**.

Maps

Event specific maps have been produced with OCAD software using digital data and adjusted according to course vetting and satellite imagery where available. Duplicate copies of each map will be provided to every team so that both members can co-navigate. Teams are also strongly advised to bring a map case or other means of waterproofing their maps. The number, size and scale of each map provided is as follows (note that SRA3 is slightly larger than A3 size):

- One x 1:25000 map on SRA3 size paper, 5m contour intervals.
- Two x 1:40000 maps on SRA3 size paper, 5m contour intervals.
- One x 1:10000 map on A5 size paper, 5m contour intervals.

Kayaks

Two-man, sit-on-top plastic kayaks will be provided to all teams for use on the kayaking stages. These are the Voyager II Toyboy sit-on-tops used by iAdventure at their races. Paddles and PFDs will



also be provided, however competitors may bring their own racing paddles and PFDs if they wish. **Teams using their own paddles and PFDs need to leave these at the Bike Drop before registering at Race HQ**. Racers are also strongly advised to bring a piece of solid foam (eg. 40cm x 40cm x 10cm) for use as a seat to make the kayak more comfortable. Note that organisers reserve the right to use additional watercraft where available, and to assign team boats where required.



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Portage Trolleys

Although not mandatory, a kayak portage trolley is on the recommended equipment list. Teams may be required to do up to a total of 600m of portaging in the race, all on sealed hilly paths. Note that while all check points are ultimately optional, I envisage most teams will take this portage option. Furthermore, the kayaks can be carried by hand, it just may require a little more effort and time (strictly no dragging of boats). Teams using portage trolleys and associated straps must label them with their team name and bring them to Race



HQ (do not leave at the bike drop). Portage trolleys can be purchased online or in most boating stores, borrowed from your paddling mates or hired from places such as <u>Rosco Canoes</u>.

Water and Food

Drinking water is available at Race HQ, at all transition areas on the course, as well certain additional points marked on the map. There is also ample water available from natural sources, however teams are strongly advised to purify this prior to drinking. There will also be a number of opportunities for teams to resupply food during the race from their gear box.

Scoring

Scoring will be performed using the electronic Navlight Timing System. Please advise officials at registration if you are unfamiliar with the use of this system. Both team members will be required to wear wrist tags, and to visit the punch within 30 seconds of each other for the control to count towards their score.

The Rogue24 will adopt a traditional rogaine scoring format where each checkpoint will be assigned a certain score value. To make it easier for competitors to follow the progression of stages in the course, CPs will be numbered numerically in order, with a score value in brackets afterwards. For example, a CP3 from the first stage of the race may have a value of 50 points, while CP42 from a later stage might only have a value of 20 points. In the event of a tied score, the team that finishes earlier will be ranked higher.

Teams arriving after the finish time will receive a penalty of 10 points per minute they are late or part thereof, up to 30 minutes. At this point the course will be closed down and teams that have not finished will lose all points.



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Prizes and Sponsors

The Rogue24 is extremely fortunate to have a number of top sponsors come on board for the provision of prizes. Trophies and prizes will be awarded to the top three teams in the mixed, female and male team categories. A number of random draw spot prizes will also be awarded at the presentation ceremony. Make sure to thank the following sponsors for their support of rogaining in Queensland:









Volunteers.

Volunteers play an integral role in an event of this size going forward. The Rogue24 is lucky to have a small army of volunteers helping to bring you the best race possible. Make sure to show your gratitude out on the course and share all the chocolate from your race food bags. An initial thank you to the following people:

- Paul Guard
- Sally Staton
- Derek McKinnon
- Darren Saunders
- Erren Seiders
- Daniel Browning
- Jane Elby
- Kym Alexander
- Andrew Gills

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Further Inquires.

For entry information or any further inquiries, please visit the <u>QLD Rogaine Associations website</u>. Alternatively, informal race information updates will be posted on the <u>Rogue Team website</u>, and <u>FaceBook page</u>. Event organiser Liam St Pierre can be contacted directly on 0405 728 128 or at <u>rogueadventureracing@gmail.com</u>. Look forward to meeting you at the Rogue24.